

The Guide

2026



Events

to enjoy all year round

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Guided Tours

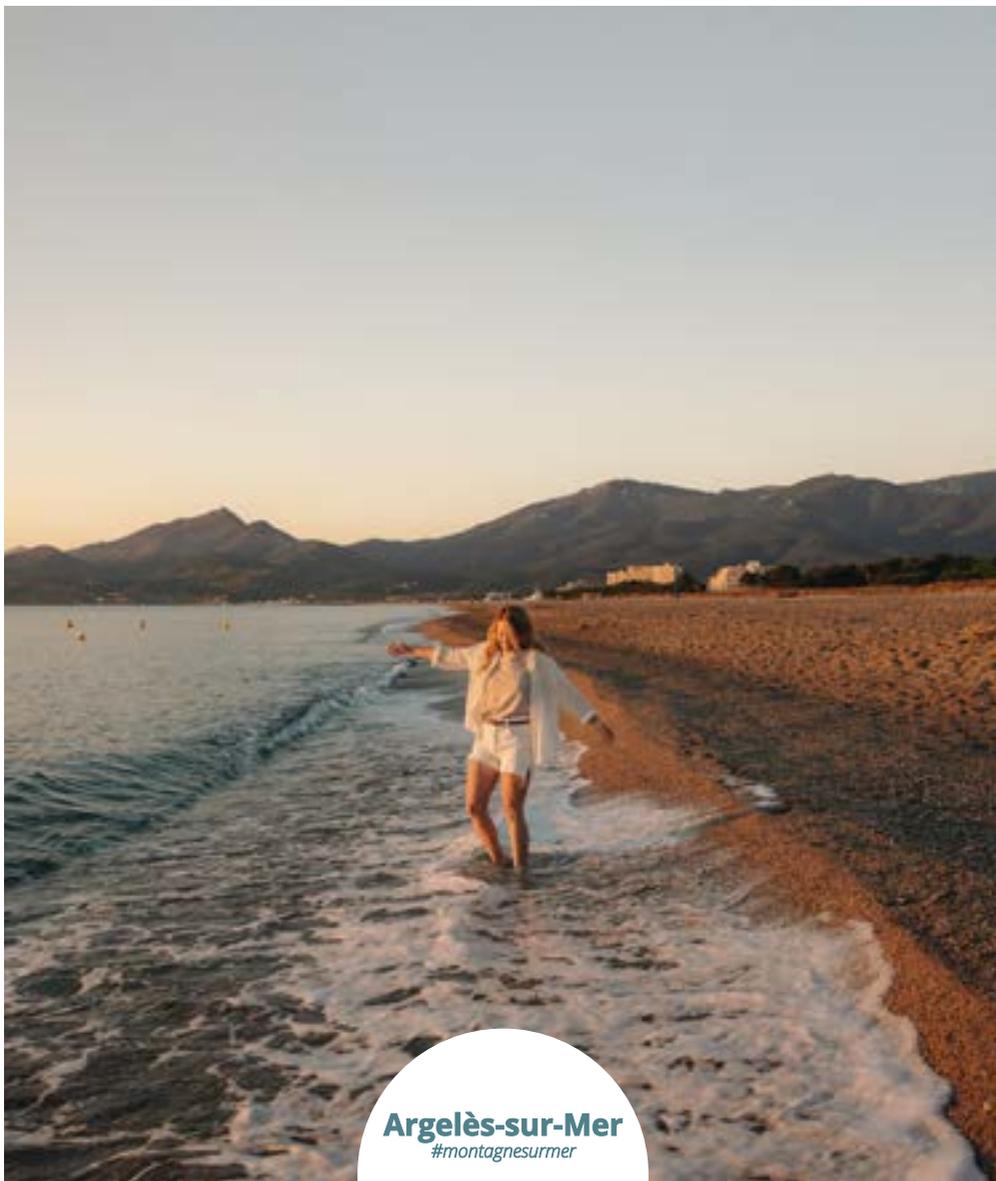
Heritage and discoveries

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Leisure

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Argelès-sur-Mer
#montagnesurmer

WELCOME

To Argelès-sur-Mer

In Argelès-sur-Mer, the Catalan word «cap» is an incredibly versatile tool, peppering almost every sentence. So whether you're looking for a Mediterranean, mountain, natural or cultural esCAPade... Make your stay with us a real adventure!



In Argelès-sur-Mer, the siren song of the deep blue is particularly enticing. Whether you prefer a cocktail and a deckchair or fins and a snorkel, the Mediterranean is calling to you. Take the plunge!



Do you love to explore the wonders of nature? On foot, by bike or on horseback: there are a thousand ways to discover the beauty of Argelès-sur-Mer. And countless ways to challenge yourself! Whether you want to get in some cardio or put on your hiking CAP, Argelès-sur-Mer is the place to be. Verdant beauty worth pinning for!



Not afraid of heights? You're in the right place! In Argelès-sur-Mer, you can go from the Mediterranean to the Pyrenees in a flash. Take your adventure to new heights!



The way of life here in the South of France is a real art. Whether you're admiring a monument or a beautiful meal, this is your chance to experience and celebrate Catalan heritage in all its forms. Are you ready for a colourful (and flavourful) adventure?

Labels with a CAPITAL L ☆☆☆

The Tourist Office is passionate about visitor satisfaction. To make sure your stay unfolds sin cap problema*, we promise to:

**Seamlessly*

Give you a warm welcome

Make our information easy to access

Keep our documentation up to date

Offer you personalised support and expert advice

In Argelès-sur-Mer, we are committed to these initiatives:



Responsible tourism destination



Sustainable tourism beaches and ports



Personalised welcome for families



Sustainable quality of life



Quality holiday destinations



Accessibility of tourist sites and facilities



Quality of the welcome for touring cyclists



Quality wine tourism destinations

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EVENTS

To enjoy all year round

1^{ER}
MARCH
AND 14 MARCH **CARNIVAL**



4
JUNE
TO 6 JUNE **BACCHUS**
FESTIVAL



AMERICAN FESTIVAL

4
APRIL
TO 6 APRIL

The largest gathering celebrating American culture in France is back in Argelès-sur-Mer! An unmissable event dedicated to American culture, music, and beautiful classic cars, set in a lively ranch-style atmosphere with numerous live concerts.

20
MAY
TO 28 MAY **URB'ART**



12
JUNE
AND 13 JUNE **SWIMRUN**



ST. JOHN'S BONFIRES

23
JUNE

From midnight until the following evening, runners, rowers, and horse riders will bring the flame of Saint John back to life at the summit of Pic du Canigou. Then, passed on from relay to relay, it will make its way down to light up and spread through the heart of Argelès-sur-Mer's neighborhoods, carrying on a warm and emblematic tradition.

JULY
AUG
WEDNESDAY **FIREWORKS**



DIAD' ARGELÈS

JULY
AUG

With friends or family, come and feel the rhythm of Argelès-sur-Mer in a truly festive atmosphere! Lively marching bands, musical entertainment, concerts, and shows delight lovers of music and celebration, for evenings full of energy and togetherness.

FESTA MAJOR

22
SEPT
TO 24 SEPT

Three days of popular and friendly festivities to celebrate the patron saints Cosmas and Damian, in the heart of Argelès-sur-Mer. An unmissable event where the town comes alive to the rhythm of traditions, local culture, and the joy of being together.

30
OCT
TO 1ER NOV **ABRAC'ARGELÈS**
MAGIC FESTIVAL



12
SEPT
AND 13 SEPT **THE MEDIEVAL**
FESTIVAL



FÊTES INOUÏES

MID
DÉC
MID
JAN

The destination comes alive with the Fêtes Inouïes, a festive season filled with numerous events: the Christmas Village, the warm and welcoming Village of the 7 New Year's Eve Celebrations, the joyful New Year's Day Sea Dip, and the traditional Three Kings Parade. A magical atmosphere to enjoy throughout the holiday season!

*Event dates are subject to change.

MARKETS

Local flavours and colours



On the Catalan coast, we love markets. And do you know how? When they are filled with entertainment and seasonal produce!

Whether you prefer them organic, artisanal, traditional or held at night, you're sure to find the market that suits you in Argelès-sur-Mer. Enough to leave you truly amazed...

Monday

TRADITIONAL MARKET

📍 Argelès-Plage, Parking des platanes
> From June 10 to September 18

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning



Tuesday

LOCAL AND ORGANIC MARKET

📍 Port-Argelès, Place du Nouveau Monde
> From June 9 to September 15

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

PORT NIGHT MARKET

📍 Port-Argelès, Port quays
> From July 1 to August 31

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning

Wednesday

TRADITIONAL MARKET

📍 Argelès-Village, Rue et Place de la République
> All year round

📍 Argelès-Plage, Parking des platanes
> From June 13 to September 13, every evening

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning

Thursday

TRADITIONAL MARKET

📍 Port-Argelès, Place du Nouveau Monde
> From June 11 to September 17

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning

Saturday

TRADITIONAL MARKET

📍 Argelès-village, Rue et Place de la République
> All year round

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning



Friday

TRADITIONAL MARKET

📍 Argelès-Plage, Parking des platanes
> From June 10 to September 18

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

PORT NIGHT MARKET

📍 Port-Argelès, Port quays
> From July 1 to August 31

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning

Sunday

PRODUCERS' MARKET

📍 Port-Argelès, Quai du Môle
> All year round

NIGHT ARTISAN MARKET

📍 Argelès-Plage, Parking des Pins
> From June 13 to September 13, every evening

LOCAL FISHING

📍 Port-Argelès, Quai du Môle
> All year round, every day, in the morning

*Market dates are subject to change.



MARKETS

In the surrounding area



Banyuls-sur-Mer

TRADITIONAL MARKET

📍 Market Square, Rue du 14 Juillet and Rue Saint-Sébastien
 > All year round, Thursdays and Sundays

Cerbère

TRADITIONAL MARKET

📍 Rambla du Général de Gaulle
 > All year round, Tuesdays
 > In season, Fridays, from May to September

Elné

TRADITIONAL MARKET

📍 Route Nationale
 > All year round, Fridays

Collioure

TRADITIONAL MARKET

📍 Place de Maréchal Leclerc
 > All year round, Wednesdays and Sundays

Palau-del-Vidre

TRADITIONAL MARKET

📍 Town centre
 > All year round, Thursdays

Saint-André

TRADITIONAL MARKET

📍 Place Arago
 > All year round, Thursdays

Laroque-des-Albères

TRADITIONAL MARKET

📍 Carrer del Sol
 > All year round, Wednesday

Sorède

TRADITIONAL MARKET

📍 Place Combes
 > All year round, Fridays

Port-Vendres

TRADITIONAL MARKET

📍 Place de l'Obélisque
 > All year round, Saturday

TRADITIONAL MARKET

📍 Place de l'Obélisque
 > From May to September, Tuesday

Saint-Génis-des-Fontaines

MARCHÉ TRADITIONNEL

📍 Place Jean Rolland
 > All year round, Tuesdays and Fridays

THE ART OF LIVING

A lifestyle between sea and mountains

Here, we take our time. No race against the clock, just the pleasure of enjoying every moment. The day begins gently, with a coffee on a terrace beneath the plane trees, as the village slowly comes to life.

We then wander through colourful markets, tasting an olive here, a spoonful of jam there, exchanging a few words with a passionate producer. We let ourselves be carried along by the scents, the smiles and that special atmosphere that makes you want to linger.

At the end of the day, when the light turns golden and the mountains glow with shades of orange, a gentle stroll is a must. Between sea, nature and lively streets, every moment becomes a soft and authentic interlude.

Here, the art of living isn't just an idea — it's a way of life. So... will you slow down with us?

Quiz

Do you have the "Art of Living" spirit of Argeles-sur-Mer?

☀️ 1. In the morning, you prefer...

- A. A takeaway coffee, quick and efficient
- B. A quiet moment on a terrace, watching the village come to life
- C. A stroll through the market, basket in hand

🛒 2. In front of a stall of local produce...

- A. You take a souvenir photo and move on
- B. You chat with the producer to learn all about it
- C. You taste, you hesitate... and leave with a well-filled basket!

🌅 3. At the end of the day, your ideal plan is...

- A. A quick break before the next activity
- B. A sunset stroll, with no rush
- C. A moment with friends, savouring the present moment

Results

Mostly B or C 🌅 You have the Argeles spirit of Gentleness, sharing and authenticity are all part of your journey. 🛒 Spend a little more time here, and you'll soon adopt our rhythm...



CAP CATALAN

In the Footsteps of History

In the heart of the village or along the seafront, culture weaves its way throughout Argelès-sur-Mer. To soak it all in, simply wander with your eyes lifted, or follow the cultural addresses in our guide. To be enjoyed without moderation!

📍 Casa de l'Albera

More than just a museum, Casa de l'Albera embodies the history of the Albères massif. Dynamic and interactive, the exhibitions trace both the know-how and traditions of the region. Here, the history of Argelès-sur-Mer is experienced... à la casa!



PRACTICAL INFORMATION

📍 4 Place des Castellans
> Open all year round
☎ +33 (0)4 68 81 42 74



📍 Camp Memorial

Discovering Catalan culture also means walking in the footsteps of those who shaped history. At the Memorial, retrace the powerful journey of Spanish refugees who fled the Franco dictatorship in 1939.

PRACTICAL INFORMATION

📍 26 Avenue de la Libération
> Open all year round
☎ +33 (0)4 68 95 85 03



📍 Galerie Marianne

Attention, a cultural wave on the horizon! Photography, painting or sculpture : Galerie Marianne celebrates art in all its forms.

PRACTICAL INFORMATION

📍 Espace Liberté, Rue du 14 juillet
> Open depending on exhibitions
☎ +33 (0)4 68 81 50 60



📍 Notre-Dame del Prat Church

The parish church of Notre-Dame del Prat, located within the former ramparts on the south-west side of the enclosure, dates back to the 14th century. Dedicated to the Virgin Mary, known as "Nostra Senyora dels Prats" (Our Lady of the Meadows), it stands out for its imposing bell tower, visible from afar. Already mentioned in 920, it was almost entirely rebuilt in a Gothic style that is rare in the Roussillon region.

📍 The village

Argelès-sur-Mer, a Mediterranean village with authentic charm, captivates visitors with its colourful narrow streets and its cayrou ramparts (terracotta brick), bearing witness to its Catalan identity. Its history is closely linked to the Kings of Aragon and Majorca, who have left a lasting mark on its heritage. Strolling through the old town, visitors discover a warm and lively atmosphere, with traditional façades, small shops, and lively terraces.



CAP NATURE

Preserved natural treasures

Ready for an adventure? The endlessly varied nature of Argelès-sur-Mer is waiting just for you! Between sea and mountains, explorers of all ages will be amazed at every turn.

📍 Coastal Path (Sentier du Littoral)

Fancy combining time in nature with a dip in the sea? Starting from Le Racou, set your course for the Coastal Path for a seaside adventure... and along the cliffs! Between the salty sea air and the scent of wild lavender, it's love at first hike. Guaranteed!



Fa calor!*
*It's hot!

From Le Racou to Collioure, allow around 2 hours of walking time. A water bottle and a hat are essential to avoid sunstroke in summer!

📍 Mas Larrieu Nature Reserve

At the mouth of the Tech River, the Mas Larrieu Nature Reserve has all the makings of an adventure. What's on the programme? A mosaic of landscapes, from dunes and wild beaches to wetlands and forests not to mention the exceptional biodiversity hidden within. Warblers, nightingales and even green lizards... don't forget your camera!



📍 Bois des Pins

Just a stone's throw from the beach, head to the Bois des Pins for a breath of fresh air. A must-see spot in Argelès-sur-Mer, the park is home to more than 2,000 century-old pine trees. Needless to say, it's the perfect place for a picnic in the shade.

A real treat for hikers 2.0!

Géotrek : This online tool allows hiking enthusiasts to create tailor-made routes by incorporating various criteria such as elevation gain, difficulty level, duration, and tourist services to discover along the way... Handy and practical!



GEOTREK



📍 Valmy Park

Craving a nature break? On the edge of the Mediterranean, Valmy Park offers an exceptional setting for some fresh-air time, between chateau and forest. Just the thing to add a touch of elegance to your green escape!

PRACTICAL INFORMATION
 📍 Chemin de Valmy
 ➤ From February 7 to November 1
 ☎ +33 (0)4 68 81 47 25



Trainers and a cap

In my backpack, I pack...

- A 1.5-litre bottle of water
- Some sugary snacks
- A mobile phone
- A first-aid kit.

TO HIKE SAFELY, I MUST...

- Find out about access to the trails
- Plan and choose my route according to my physical abilities and the weather
- Avoid going alone and inform someone close to me about my itinerary
- Check local weather conditions on Météo-France
- Look with my eyes only and avoid approaching isolated animals
- Share the trails with cyclists
- Stay off the dunes to protect the ecosystem

CAP MOUNTAIN

Trails and panorama

For a big breath of fresh air, Argelès-sur-Mer invites you to set your sights on the mountains. Lace up your shoes, grab your backpack and head out on an adventure along our hiking trails.



WILDFIRE RISK



TO PREVENT THE RISK OF WILDFIRES IN THE ALBÈRES, I MUST...



Moderate risk

- Be cautious
- Do not throw cigarette butts out of car windows



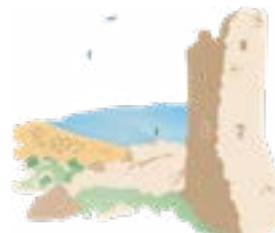
High risk

- Stop all movement by motor vehicle, on foot, on horseback or by bicycle throughout the entire massif, unless I am an authorised property owner



Exceptional risk

- Stop all movement by motor vehicle, on foot, on horseback or by bicycle throughout the entire massif



📍 Massane Beech Forest

You've probably already heard of the Massane Tower. But do you know the beech forest? Classified as a Nature Reserve and listed as a UNESCO World Heritage Site, this beech forest is at the centre of attention for researchers from around the world.

> **Please note:** Access to this site is regulated.



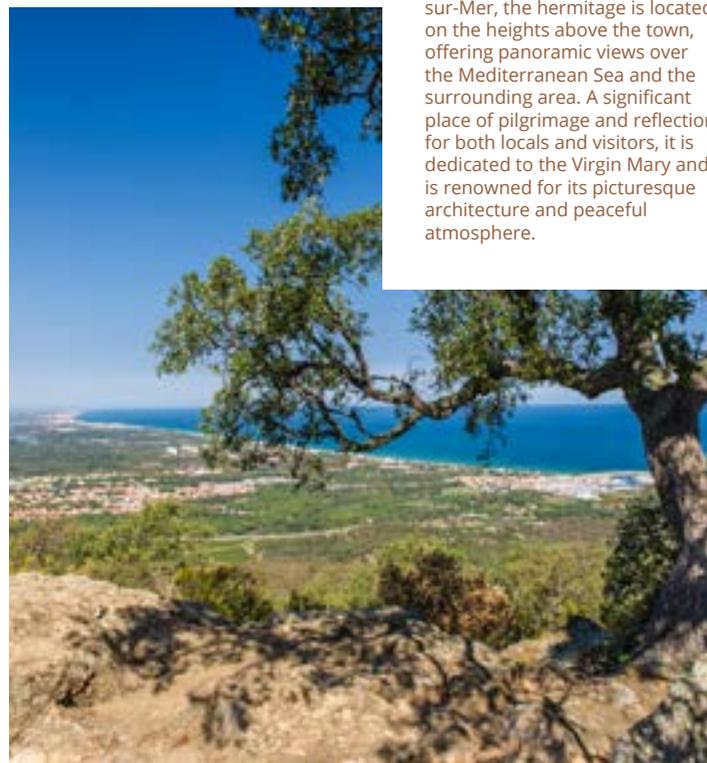
📍 Massane Tower

To turn the p(l)age and change the scene, there's nothing like switching to hiking mode. Swap your flip-flops for trainers and head for the Massane Tower a challenge for experienced hikers. At the summit? A breathtaking view over the Mediterranean coast!

> **Don't miss:** the sunset behind Mount Canigou. A spectacle to capture again and again, especially in spring, when the days grow longer.

📍 Notre-Dame de Vie Hermitage

An emblematic site of Argelès-sur-Mer, the hermitage is located on the heights above the town, offering panoramic views over the Mediterranean Sea and the surrounding area. A significant place of pilgrimage and reflection for both locals and visitors, it is dedicated to the Virgin Mary and is renowned for its picturesque architecture and peaceful atmosphere.



📍 Albères Mountain Range

From sea to mountains? That's our motto! Rising to over 1,000 metres in altitude, the Albères mountain range proudly overlooks the beach and the village of Argelès-sur-Mer. The perfect spot for a refreshing break at higher ground.



GEOTREK
Find all the trails

📍 Saint-Laurent-du-Mont Chapel

Saint-Laurent-du-Mont Chapel is a place of peace and reflection, nestled in a beautifully preserved natural setting. From up there, you can admire the Mediterranean coastline and appreciate the beauty of the surrounding landscape. It makes for a pleasant walk for hiking enthusiasts and for those seeking a moment of calm and contemplation away from the hustle and bustle of the town.

CAP MEDITERRANEAN

From beaches to coves

Freshwater sailor or seasoned pirate, come drop anchor in Argelès-sur-Mer! Here, everyone enjoys the salty Mediterranean air and tries their hand at a wide range of activities... Ready to set sail?



📍 Our Beaches

A wide variety of beaches and atmospheres awaits visitors. Along 7 kilometres of coastline, everyone can make the most of a day by the sea, combining relaxation and activities.

> **Things to do:** sunbathe on your towel in the morning, enjoy lunch with your feet in the sand at a beach restaurant, then combine swimwear and pedal boats in the afternoon... There's something for everyone!

📍 The Coves

Between cliffs and turquoise waters, the coves of Argelès-sur-Mer offer an idyllic setting. From Porteils to Ouille Beach, it's the perfect place to gently discover snorkelling or freediving. Anemones and colourful corals reveal the full beauty of the underwater world.

> **Things to do:** find the perfect little spot, settle in for a peaceful picnic and savour a breathtaking view between sea and cliffs.

📍 Le Racou

Lively and bohemian during the summer season, Le Racou reveals its wilder side in the off-season. From sand-dusted houses to its peaceful beach, this little corner of paradise is made for wandering without restraint.

> **Things to do:** an impromptu photo shoot on the beach the perfect way to capture a memorable moment!



📍 The Port

The marina is a true invitation to stroll and unwind. As you wander along the quays, you'll no doubt spot a few boats that are as colourful as they are traditional Catalan boats.

📍 The Seafront Promenade

Fancy a stroll by the sea? On one side: the call of the salty water. On the other: the call of the mountains. It's a dilemma we face every day here!

📍 Allée des pins (Jules Aroles)

Looking for a holiday souvenir from Argelès-sur-Mer? Head to the Allée des Pins for a sunny shopping stroll. With the sea just steps away, you can even take a refreshing dip whenever you like!



Head underwater



📍 Fishing in Argelès-sur-Mer!

Would you like to fish in the Gulf of Lion Marine Natural Park? All anglers aged 12 and over must apply for a fishing permit. Good news: it's free! Getting one is easy simply download the CatchMachine app from the Play Store or the Apple Store and follow the instructions



TO PROTECT THE MARINE NATURAL PARK, I MUST...

- ☑ Prefer designated mooring areas to secure my boat.
- ☑ Use apps such as Donia or Nav&Co to avoid anchoring in seagrass meadows (Posidonia).
- ☑ Snorkel without touching the rocks .
- ☑ Cover my skin and apply sunscreen only to uncovered areas.
- ☑ Take my rubbish home and sort it properly.



GUIDED TOURS

Heritage and discoveries

Discover unforgettable guided tours that immerse you in the heart of the history, culture and hidden stories of the places you explore. Whether you're passionate about architecture, nature or local anecdotes, our expert guides offer a personalised and enriching experience.



📍 Former Royal City – Argelès Village

Follow the traces of the ancient ramparts and towers that once protected the town, admire the medieval façades lining the narrow streets, and spot the signs that bear witness to historic trades. Our guide tells the story of the region from the Kingdom of Majorca to the Franco-Spanish wars to place Argelès-sur-Mer firmly within its historical context.

PRACTICAL INFORMATION

📍 Place des Castellans, Casa de l'Albera
 > Departure at 10 a.m., Tuesdays and Thursdays
 ☎ +33 (0)4 68 81 42 74 (booking required)

📍 Tell Me About the Beach – Argelès Village

Once overlooked and considered unhealthy, the coastline of Argelès-Plage began to develop in the 1870s with the construction of housing estates and the arrival of campers. After a pause caused by the war, the seaside resort was reborn in the 1960s, becoming a popular destination that blends history and modernity.

PRACTICAL INFORMATION

📍 Place de l'Europe, Tourist Office
 > Departure at 10 a.m., Wednesdays
 ☎ +33 (0)4 68 81 42 74 (booking required)

Price: €4 – Free for children under 13 when accompanied by an adult.

📍 Notre-Dame del Prat – Argelès Village

Listed as a Historic Monument since January 2002, the Church of Notre-Dame del Prat in Argelès-sur-Mer houses precious altarpieces that are also protected. Decorated with numerous paintings, statues and other works of art, it reflects popular devotion and stands as a symbol of a history rich in events.

PRACTICAL INFORMATION

> For information and bookings, please contact Casa de l'Albera
 +33 (0)4 68 81 42 74



Jean-Marc

(CAP)TIVATE YOUR EARS

Passionate and captivating, Jean-Marc has more than a few anecdotes up his sleeve to help you discover the history of Argelès-sur-Mer. From the village to the beach, our guide knows the area like the back of his hand and he loves it!

With him, wandering through the village takes on a whole new dimension. Thanks to his legendary energy, he'll take you on a fun journey through the centuries. From the ramparts to Notre-Dame del Prat Church, it's impossible to stump him. Care to try?

Jean-Marc not available for a tour?

No worries, Argelès-sur-Mer is full of guides who are just as professional as they are passionate!

NATURE WALK

A guided exploration

All guided walks are free.

Bookings through the Tourist Office on +33 (0)4 68 81 15 85



📍 The Coastal Path (Le Sentier du Littoral)

Set off with our guide to discover the Côte Vermeille. Cross hidden coves and admire the schist cliffs shaped by the foothills of the Pyrenees! Take in the ever-breathtaking sight of the mountains plunging into the Mediterranean Sea.

PRACTICAL INFORMATION

📍 Le Racou car park
 > Departure at 9 a.m., every **Wednesday**
 > From June 24 to September 30
 ⌚ Duration: 2 hrs 30 min / Distance: 4 km

📍 Mas Larrieu Nature Reserve

Our guide will take you through the different habitats of the Mas Larrieu National Nature Reserve as fragile as they are remarkable. A naturalist guide, he will help you uncover the secrets of the flora and fauna that inhabit this emblematic site of the Roussillon coastline.

PRACTICAL INFORMATION

📍 Impasse Copernic (in front of the car park)
 > Departure at 9 a.m., every **Thursday**
 > From June to September
 ⌚ Duration: 3 hrs / Distance: 3 km

📍 Valmy Site in Its Natural Setting

Our guide invites you on an intimate walk where the hidden scents of the maquis mingle with those of cork oak trees. He will lead you to the Cova de l'Alarb Dolmen, the vineyards and the municipal park... all set against the backdrop of the Roussillon plain and the Catalan Sea.

PRACTICAL INFORMATION

📍 Pôle Sport Nature, Valmy Municipal Park
 > Departure at 9 a.m., every **Tuesday**
 > From April to October
 ⌚ Duration: 2 hrs / Distance: 4 km

📍 Hike to Saint-Laurent-du-Mont Chapel

Our passionate nature guide invites you on a captivating hike to Saint-Laurent-du-Mont Chapel, a heritage gem nestled in the Albères massif. This hike is a great opportunity to learn more about the region's nature, culture and local terroir.

PRACTICAL INFORMATION

📍 Pôle Sport Nature, Valmy Municipal Park
 > Departure at 9 a.m., every **Friday**
 > From April 3 to June 19
 ⌚ Duration: 3 hrs / Distance: 7 km
 > Elevation gain: 250 m / From age 8 and up



*Walk dates are subject to change.





LEISURE

Activities and shared moments



Here, every activity becomes an experience in its own right. Leisure activities to be enjoyed to the fullest, blending discovery, emotion, and moments of togetherness.



THE SEA AS A PLAYGROUND

Whether you're after gentle thrills or more sporty pursuits, water sports offer a different way to discover the coastline, combining freedom, glide, and the deep blue sea.

- [Boat trip](#) [Boat rental](#)
- [Canoe](#) [Kayak](#)
- [Scuba diving](#)
- [Stand-up paddleboarding](#)
- [Windsurf](#) [Wingfoil](#)

ESCAPE INTO THE GREAT OUTDOORS

Between sea and mountains, unspoilt nature invites discovery and outdoor activities, accessible to all levels.

- [Hiking](#) [Mini golf](#)
- [Mountain biking](#) [Paintball](#)
- [Tennis/padel](#) [Riding centres](#)
- [Tree-top adventure park](#)



A TASTE FOR ADVENTURE

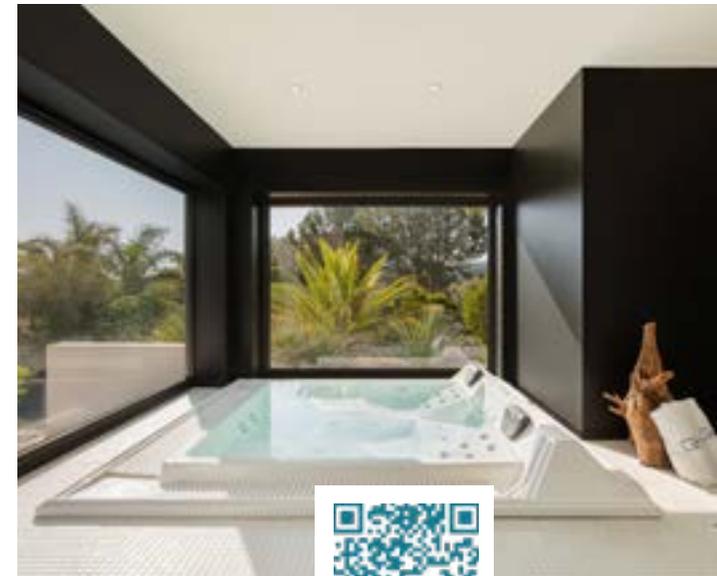
For thrill-seekers, intense activities to be experienced to the fullest, combining challenges, sensations, and unforgettable memories.

- [Canyoning park](#)
- [Drop-in Water Jump Park](#)
- [Extreme Tour](#)
- [Funfairs](#)
- [Karting](#)

HAVING FUN INDOORS

Because fun continues in all kinds of weather, indoor activities invite you to enjoy yourself, relax, or spend time together in a friendly atmosphere.

- [Arcade games room](#)
- [Bowling](#) [Art gallery](#)
- [Casino](#) [Cinéma](#) [Laser game](#)
- [Media library](#) [Museum](#)
- [Nightclubs](#) [Spas](#)
- [Swimming pool](#)



SCAN AND DISCOVER ALL OUR LEISURE IDEAS!

Informations

-  Lifeguard stations
-  Lookout post
-  Tourist Office
-  Accessible Parking
-  Parking
-  Public toilets
-  Rubbish bins are available at every beach entrance.
-  Dogs allowed on a leash
Swimming prohibited from 9:30 a.m. to 7 p.m.
Fishermen's car park
Mas Larrieu Nature Reserve
-  Dogs not allowed



BEACHES

Relaxation with your feet in the sand



Feel like letting go? In Argelès-sur-Mer, the beach invites you to relax and escape. Swimming, seaside strolls, or simply taking a break while gazing at the horizon... everyone enjoys the Mediterranean way of life at their own pace. So, ready to savour the moment with your feet in the sand?

Wristbands KIDS

Fluorescent identification wristbands, in different colours depending on the zone, are available at the lifeguard stations: P1: red, P2: blue, P3: green, P4: fluorescent yellow, P5: purple, P6: pink.

Emergency LIFEGUARD STATIONS

Central lifeguard station (MNS): +33 (0)4 68 81 12 41
Fire brigade: 112 outside lifeguard station opening hours.

Informations BEACH

Bathing water quality
From June 15 to September 15, the Regional Health Agency (ARS) regularly monitors the quality of bathing waters.

Handiplage LABEL

(Lifeguard station no. 3)

Beaches awarded the Handiplage label are equipped with specific facilities such as access ramps, Tiralo amphibious wheelchairs, adapted toilets, and more.



Beach and swimming supervision - 2026

| PERIODS | OPEN LIFEGUARD STATIONS |
|-----------------------------------|--|
| From May 1 to May 25 | Central station (P4), public holidays and weekends : 1,2,3,4,8,9,10,14,15,16,17,23,24,25 From 10:30 a.m. to 6:00 p.m. |
| From May 30 to June 30 | Central station (P4), Station 3, Station 6 and Station 1 Every day from 10:30 a.m. to 6:00 p.m. |
| From June 13 to June 30 | Station 2 and Station 5 Every day from 10:30 a.m. to 6:00 p.m. |
| From July 1 to August 31 | All 6 stations (numbered P1 to P6) Every day from 10:30 a.m. to 7:00 p.m. |
| From September 1 to September 13 | Central station (P4), Station 3, Station 6, and Station 1 Every day from 10:30 a.m. to 6:00 p.m. |
| From September 14 to September 27 | Central station (P4), Station 6 and Station 3 Every day from 10:30 a.m. to 6:00 p.m. |
| From September 28 to October 31 | Central station (P4) Every day from 10:30 a.m. to 5:00 p.m. |

PARC NATUREL MARIN

Of the Gulf of Lion

Sea explorer or nature lover, come aboard with us for a responsible adventure at the heart of the Gulf of Lion Marine Park! Here, every action counts to preserve the beauty and richness of the underwater world.

Ready to play your part in protecting the marine environment?



WE'RE HERE TO UNWIND

By kayak, paddleboard or while swimming, please do not get too close to birds resting on the rocks. By jet ski or boat, the same applies when birds are gathered on the water. Repeated disturbance (often causing them to take flight) several times a day throughout the summer reduces their resting and feeding time, lowering their chances of survival and reproduction.



OBSERVE, DON'T DISTURB

Taking a starfish out of the water, putting a crab in a bucket or collecting sea urchins is not without consequences for these species. Repeated disturbances during the peak tourist season jeopardise the survival of the species we can observe from the shore. Without a change in our behaviour, there will soon be nothing left to see!



WHEN IT'S WINDY, MAKE SURE NOTHING FLIES AWAY

The Occitanie region is subject to strong winds, whether the tramontane (a north-westerly wind) or the marin, which often picks up in the summer afternoons. Under these conditions, it's best to avoid inflating inflatable floats or leaving plastic items lying around that could be blown away.



Maison de la mer
Argelès-sur-Mer
04 68 68 40 20
parcmarin.golfe-lion@ofb.gouv.fr

REGULATIONS

please consult the regulatory guide:
<https://parc-marin-golfe-lion.fr/documentation/memento-reglementaire>



CYCLING

Routes and eco-friendly travel

In Argelès-sur-Mer, you can enjoy a true taste of freedom on a mountain bike! Whether you want to go for a relaxed pedal or get away from it all, there is always a good reason to swap your car for a bike.

Set your own pace

BIKE PATHS

Want to see Argelès-sur-Mer in a different light? With your hands on the handlebars and a helmet on your head, head for Valmy Park, the starting point for a range of bike rides, to choose your ideal route. From quiet rides through the village to sporty trails in the mountains, this is the perfect chance to get (back) in the saddle!



Cycling by the sea*

VALMY - COVES OF COLLIOURE CYCLE ROUTE

The Mediterranean landscape is famous for its rolling hills, and a bike ride by the sea is the best way to appreciate its beauty. From Valmy Park, head along the Roussillon coast to the coves of Collioure. Just breathe in that sea air and feel the sun on your face!

- > 14 km
- ⌚ 1.5 hours
- ☆ Easy
- 📍 Follow the blue Circuit 5 signs
- ⚠ There is a slight elevation gain

*certain sections of the coastal trail, at Ouille Beach, are intended for pedestrians only. Please dismount.



Follow the Spanish border

EUROVÉLO 8

If you want to escape the crowds, get on your bike! From Valmy, take the Mediterranean Route (EV8) to reach the village of Sorède, on the border with Spain. Be sure to take a few breaks among the olive trees and vineyards along the way to appreciate the colourful landscapes.

- > 18 km (Round trip)
- ⌚ 1 hours
- ☆ Easy
- 📍 From Valmy, follow the blue Circuit 6 sign then follow the «Méditerranée à vélo» (EV8) signs

Embrace slow tourism

ACCUEIL VÉLO LABEL

In Argelès-sur-Mer, we prefer two wheels to four wheels! The destination is easy to explore by bike, and has even earned the Accueil Vélo (Bikes Welcome) Label. From the cycle paths to bike parking spaces, right through to bike-friendly accommodation, everything is designed to help you leave your car behind. The ideal way to connect with nature!



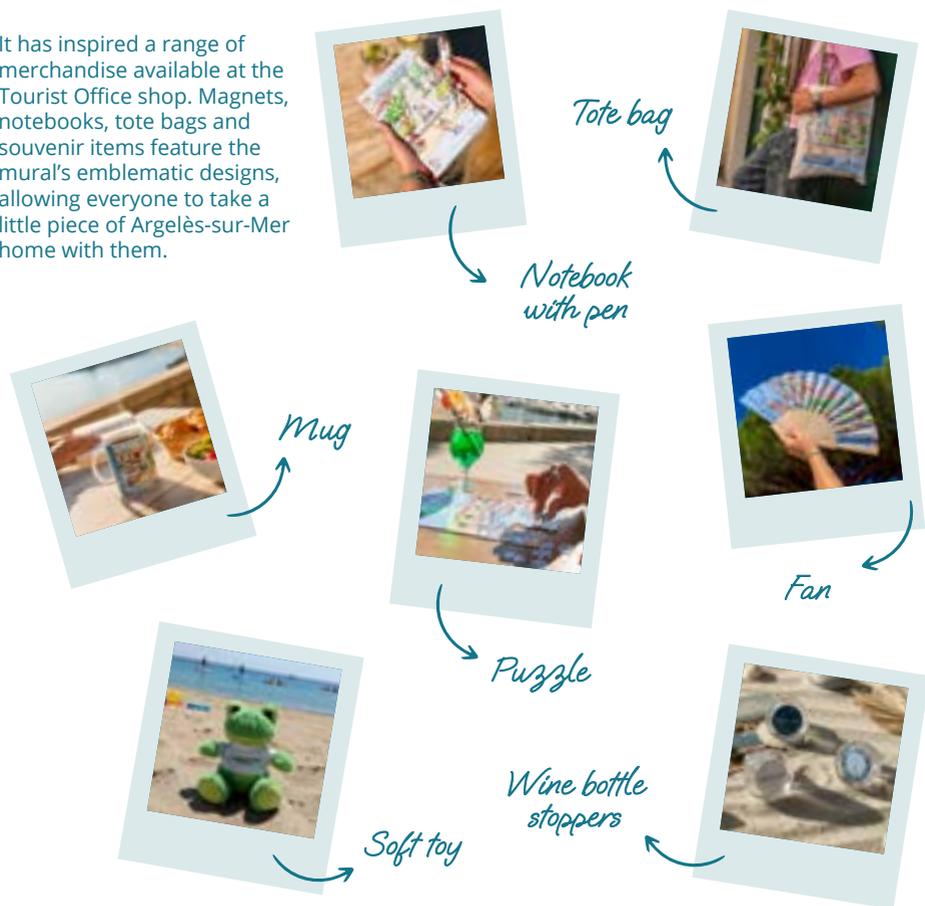
SHOP

Gifts and souvenirs



The Argelès-sur-Mer Tourist Office is home to a unique artwork by Les Pritchard's, Local artists renowned for their colourful and poetic universe. Displayed in the reception hall, this monumental 17 m² mural invites visitors on a journey to the very heart of the region. A true "window onto Argelès-sur-Mer", it highlights all the defining facets of our destination.

It has inspired a range of merchandise available at the Tourist Office shop. Magnets, notebooks, tote bags and souvenir items feature the mural's emblematic designs, allowing everyone to take a little piece of Argelès-sur-Mer home with them.



PRODUCERS

Encounters and know-how

Argelès-sur-Mer is much more than a seaside destination — it is a land of passionate producers, where know-how is cultivated and passed down from generation to generation.

Gourmet treasures

OF OUR TERROIR

Between exceptional wines, fragrant olive oils, delicious jams and artisanal liqueurs — alcoholic or not — our region is brimming with gourmet treasures waiting to be discovered. Under the generous Argelès-sur-Mer sunshine, local fruit and vegetables fully flourish, offering intense and authentic flavours.

Many local producers open the doors of their estates to showcase their know-how and the full range of their products, right in the heart of the region. Wine estates also offer wine tourism visits, dedicated to discovering wine, from the vineyard to the tasting.



SCAN AND DISCOVER OUR PRODUCERS!



MOBILITY

Access and transport

HOW TO GET HERE?

By train

Perpignan-Rivesaltes (30 km)
Béziers (125 km)
Carcassonne (150 km)
Montpellier (190 km)
Toulouse (245 km)
Gérona (90 km)
Barcelona (205 km)

By bike

EuroVelo 8, a European cycling route linking Spain to Greece, passes through Argelès-sur-Mer and offers a direct cycle connection along the Mediterranean coastline.

By bus

Line 540
Cerbère/Perpignan
Line 541
Saint-Cyprien/Port-Vendres (summer only)
Line 543
Cabestany/Argelès-sur-Mer
Line 550
Céret/Argelès-sur-Mer

Regular bus fare: €2
Travel information:
+33 (0)806 800 350
Municipal transport
Argelès shuttle buses
Tourist mini-train routes

By Taxi

Ambulances Capeille Successeurs
📍 2 rue de la république
Argelès-Village
☎ 04 68 81 30 32

Taxis du Littoral - Transport David
📍 23 avenue de la Gare
Argelès-Village
☎ 04 68 81 05 12

Argelès Taxi
📍 15 avenue de la Gare
Argelès-Village
☎ 04 68 81 09 11

PARKING IN TOWN

Blue zone parking
Free parking limited to 1 hour 30 minutes
From 9 a.m. to 12 p.m. and from 2 p.m. to 7 p.m.
From Monday to Saturday morning

FREE CAR PARKS

Railway Station car park
Town Hall car park
Tolérance car park

PARKING AT THE BEACH

From June 1 to September 30
Paid car parks from the Port to the Casino, as well as at Le Racou

Casino car park
Platanes car park
Grau car park
Port car park
Sardane car park

PARKING AT THE PORT

Free parking around the Port

Abat car park
Embruns car park
Prade Basse car park
Plaisanciers car park
Le Racou car park
Fishermen's car park
Priou car park
Môle car park



MUNICIPAL
TRANSPORT

PARKING FOR MOTORHOMES

Paid motorhome parking is permitted from October 1 to May 31 in the Casino and Port car parks.

SERVICES

Practical information

> Town Hall

📍 Allée Ferdinand Buisson
Argelès-Village
☎ +33 (0)4 68 95 34 58
> Open Monday to Friday
from 8 a.m. to 12 p.m. and from 2 p.m. to 6 p.m

> Technical Services

📍 Chemin de Charlemagne
☎ +33 (0)4 68 95 34 80

> Albères-Côte Vermeille-Illobérus Community of Municipalities

📍 3 Impasse de Charlemagne
Argelès-Village
☎ +33 (0)4 68 81 63 77

> Maison de la Mer (Harbour Master's Office and Marine Natural Park)

📍 Port de Plaisance
Argelès-Port

> General Practitioners

Dr Munos
📍 4, Place des Moineaux, Le Toucan
Building - Argelès-ZA
☎ +33 (0)4 68 81 01 46

**Drs Hassid, Converso, Renodon, Perez,
M.Fournols**
📍 1 bis Route de Collioure - Argelès-Village
☎ +33 (0)4 68 81 38 98

Dr Alquier, Primot. Centre médical de la Mer
📍 20 Avenue du Tech - Argelès-Plage
☎ +33 (0)4 68 81 62 67

Dr Ponsi
📍 9 Rue des Colverts - Argelès-ZA
☎ +33 (0)4 68 66 89 27

Drs Kassem et Hadla
📍 28 Avenue de la Libération -
Argelès-Village
☎ +33 (0)4 68 81 25 07

> Gendarmerie

📍 92 Avenue de la Libération
Argelès-Village
☎ +33 (0)4 68 81 03 96

> Municipal Police

📍 Place de l'Europe - Argelès-Plage
☎ +33 (0)4 68 81 16 31

> Fire Brigade

☎ 18

> Post Office

📍 8 Route nationale - Argelès-Village
📍 Municipal Post Office Agency,
Place de l'Europe
Argelès-Plage

> France Services Office

📍 3 Boulevard Herriot
Argelès-Village
☎ +33 (0)4 68 85 35 68

HEALTHCARE

Care and emergencies

> Pharmacies

Pharmacie du Soleil
📍 Rond-Point Joie et Lumière -
1283 Avenue du Tech - Argelès-Plage
☎ +33 (0)4 68 81 21 40

Grande Pharmacie de l'Union
📍 1 Rue des Aigrettes - Argelès-ZA
☎ +33 (0)4 68 81 00 81

Pharmacie Centrale
📍 39 Avenue de la Libération -
Argelès-Village
☎ +33 (0)4 68 81 03 57

Pharmacie des Plages
📍 30 Avenue des Platanes - Argelès-Plage
☎ +33 (0)4 68 81 14 75

> Electric vehicle charging stations

2 Révéo charging points available
📍 Allée Ferdinand Buisson
Argelès-Village
📍 5 Avenue du Grau - Argelès-Plage

> Coworking Space

Le Cap / Business Hub
📍 7 Rue des Sittelles - Argelès-ZA
☎ +33 (0)4 68 36 15 48

> Currency exchange office

Camping La Sirène
📍 Route de Taxo à la Mer- Taxo
☎ +33 (0)4 68 81 04 61

> Caravan and motorhome storage

📍 Roussillon Gardiennage
📍 Chemin de la Carrerasse
☎ +33 (0)4 68 81 53 26

> Car rental

Negrel et Fils
📍 Avenue du 8 mai
Argelès-Plage
☎ +33 (0)4 68 81 03 65

Station Auto Design
📍 5 Route du Littoral
(opposite Luna Park)
Argelès-Nord
☎ +33 (0)4 68 87 03 58

> Medical Testing Laboratory

Inovie Medilab
📍 4 Rue des Hérons - Argelès-ZA
☎ +33 (0)4 68 81 46 23

> Hospital

Centre hospitalier de Perpignan
📍 20 Avenue du Languedoc
☎ +33 (0)4 68 61 66 33

European emergency number
☎ 112

National emergency number
☎ 114



NEARBY

Neighbouring areas

The Community of Municipalities reveals landscapes of incredible diversity: authentic villages, panoramic trails, unspoilt nature and a living heritage. Each visit is a unique adventure, at the heart of a vibrant and generous territory.

Nature & Curiosities

HEADING FOR... **SORÈDE & LAROQUE-DES-ALBÈRES**

Sunshine at the foot of the Massane!
Here, you travel back in time and explore nature in a different way. Between the Turtle Valley and the Padre Himalaya Solar Furnace, young and old alike are sure to be amazed.
Continue the adventure up to the Laroque Tower, a true sentinel offering breathtaking views over the plain and the sea.
Forest walks, picnics beneath cork oak trees or orienteering trails: everything you need for a day outdoors, set to the rhythm of cicadas and curiosity.

Top tip: take the EuroVelo 8 from Argelès for an electric bike getaway, 100% nature and eco-friendly travel!



Between Sea, Wind and Adventure

HEADING FOR... **PORT-VENDRES & CAP BÉAR**

From Argelès-sur-Mer train station, set off on a getaway between land and sea: take an electric scooter or join a guided hike to the Cap Béar lighthouse, a historic monument standing watch over the Mediterranean. Between turquoise coves and wind-sculpted cliffs, the panorama is truly breathtaking! Once there, enjoy a refreshing seaside break and let yourself be carried away by the energy of the sea and the sunshine.

Top tip: use the TER regional trains to easily travel from Argelès-sur-Mer to all the towns along the Côte Vermeille.

Between Romanesque Art & Glassmaking Craftsmanship

HEADING FOR... **SAINT-GÉNIS-DES-FON- TAINES & PALAU-DEL-VIDRE**

Romanesque treasures, glassmakers and a gentle way of life. Start in Saint-Génis-des-Fontaines and admire a major masterpiece of Romanesque art: the thousand-year-old lintel of the Church of Saint Michael. Stroll through the adjoining cloister and the flower-filled streets of the village. Just five minutes away, head to Palau-del-Vidre, the capital of glass: meet glassmakers in their workshop-boutiques, watch live glassblowing demonstrations and take home a unique piece! End on a peaceful note with a walk around Lake Sant Martí, perfect for relaxing breaks and photo opportunities with views of Mount Canigou.



STAY IN TOUCH

with the Argelès-sur-Mer Tourist Office

☎ 04 68 81 15 85

@ infos@argeles-sur-mer.com

Two visitor information points at your service

Argelès-Plage
☑ Place de l'Europe

Argelès-Village
☑ 6bis Rue du 14 Juillet



@argelessurmer.tourisme



@argelessurmer



@argelessurmer

Argelès-sur-Mer

Download the Argelès-sur-Mer app

Good places to go, weather updates, events calendar, municipal transport and news feed: all the information you need to make the most of Argelès-sur-Mer right on your phone!



Download Argelès-sur-Mer App !



Scan to download

Argelès-sur-Mer
#montagnesummer

